



Cathy Horder (Occupational Therapist)

Location of therapy

Therapy will generally take place in a variety of settings. Which one is chosen is often dependant on the child's needs, for example there are some children that I am working with at the moment who are finding the school environment really challenging so we have changed our therapy sessions to take place at school. When you see a child in a setting such as the clinic it's very different to a school classroom and the sensory environment is so different; it's quiet and there are different activities of movement available to them and a whole number of demands are very very different. At home obviously it's their familiar place so often they will be functioning at their highest in their most familiar setting with individuals around them who they feel most nurtured and secure with. So it is really valuable to see a child in a variety of settings and to look at what is it in each setting that supports the child and what challenges the child in each setting and then how you can go about enabling the people involved with the child to provide what they need. All settings should be included in therapy if possible.

*** This is an approximate transcription only; minor modifications have been made to assist the reader.*