



Parent Perspective – Advice for Parents

Tracey, Mother of Ryan

One of the really crucial things is to have a support network. So whether or not that is an organisation, which is probably where most of us start who don't have special needs children or people in our lives. I think that one of the crucial things that developed in our lives is a support network amongst families with special needs children.

That is just crucial because it is such a different journey to what most families experience and without being able to share the challenges and the joys, it just makes it that much harder. Whilst you can try and express to friends or family or colleagues or workmates what it is like, unless you have actually experienced it you really don't understand. Having that network and trying to find other families that have gone down the same road and have similar interests to you makes a huge difference.

*** This is an approximate transcription only; minor modifications have been made to assist the reader.*