

Parent Perspective - Making time for therapy

Britt, Mother of Jordy

There were particular exercises that we were doing in therapy around emotional relationships, so initially whilst we were starting some new concepts, I had to set aside particular time to work on those like I do for his reading homework. Apart from that generally it's just been that we work on things when we have a chance, particularly if I can see that he does not understand something, it might be something to do with a script that I develop so I'll do that on the spot. There are some therapy goals that I incorporate throughout the day, particularly with the how does your engine run program, that's just constantly included into the language that we use. If we are at the park, I'll just work different exercises into his play and monitor how he is going quite naturally.

** This is an approximate transcription only; minor modifications have been made to assist the reader.



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