



Parent Perspective – How to decide where to start

Britt, Mother of Jordy

I think prior to receiving the diagnosis I suspected that Jordy was on the spectrum, so I had started already to think about what he needed and that was part of the reason why I actually sought the diagnosis.

As soon as he was diagnosed and the funding was made available, occupational therapy was the one that I knew he particularly needed; he also had some psychology and speech therapy to begin with. I went through the information that I was given as a part of the Helping Children with Autism pack and phoning around to see which services were available that would meet his needs.

He initially had a little bit of speech and psychology and I didn't think that would be the main priority for him but I wanted him to at least start with some of that and then I continued with occupational therapy because his pragmatic language skills and the things that he was working on in speech are things that they are helping him with at school.

I think that it is important to really come to terms with what it is that your child seems they would benefit from in terms of the particular therapy. Some different styles of therapy and different personalities really click with different children.

*** This is an approximate transcription only, minor modifications have been made to assist the reader.*