


## Fine Motor Development

If your child experiences any difficulties meeting the following milestones, please contact an **occupational therapist** for further support and advice.

Average Development	Indicators that child may require OT input
<p>0-18 Months children learn to:</p> <ul style="list-style-type: none"> <li>- Hold object using thumb and index finger</li> <li>- Stack 2-3 blocks in tower</li> <li>- Scribble using gross (whole hand) grasp</li> <li>- Develop isolation of index finger (pointing)</li> <li>- Turn pages of a book</li> <li>- Hold spoon with hand, licking food off spoon and using fingers to feed self</li> </ul>	
<p>2-3 years are expected to:</p> <ul style="list-style-type: none"> <li>- Build block tower 4-8 blocks</li> <li>- Copy drawing of prewriting shapes l – O</li> <li>- Use scissors to cut along line</li> <li>- Thread beads</li> </ul>	<ul style="list-style-type: none"> <li>- Not using two hands together in tasks such as feeding</li> </ul>
<p>3-4 years children are expected to:</p> <ul style="list-style-type: none"> <li>- Draw basic stick figure</li> <li>- Begin to use proper pencil grasp</li> <li>- Emergence of hand preference</li> </ul>	<ul style="list-style-type: none"> <li>- No interest in drawing, painting or a using hands</li> </ul>
<p>4-5 years children are expected to:</p> <ul style="list-style-type: none"> <li>- Begin to learn to write letters</li> <li>- Show more detail in drawing</li> <li>- Use spoon and fork to eat with</li> </ul>	<ul style="list-style-type: none"> <li>- Poor pencil grasp At this age a child should be adapting a tripod grasp rather than fist grasp</li> </ul>  <ul style="list-style-type: none"> <li>- Scribbles with no interest in drawing recognisable shapes or figures</li> <li>- Does not use same hand consistently when drawing</li> </ul>

**\*\* examples are based on average child development patterns, it is important to note that children will develop at different speeds, please use this as a broad reference and NOT a prescriptive measure.**